Suicide Prevention Professional Development

Utah Code 53A-1-603 requires suicide prevention training for licensed employees.

"(10) (a) School districts and charter schools shall require each licensed employee to complete two hours of professional development on youth suicide prevention within their license cycle in accordance with

Section <u>53A-6-104</u>.

- (b) The State Board of Education shall develop or adopt sample materials to be used by a school district or
- charter school for professional development training on youth suicide prevention.
- (c) The training required by this Subsection (10) shall be incorporated into professional development training required by rule in accordance with Section <u>53A-6-104</u>."

Staff at the Utah State Office of Education have worked with key stakeholders including, Utah Division of Substance Abuse & Mental Health, Suicide, NAMI Utah, Utah Chapter of American Foundation of Suicide Prevention, and school district personnel and leadership to develop an outline video which will be available to all LEAs and licensed employees.

Key Points:

First Hour of Training: An introductory video has been produced regarding youth suicide prevention. After the video is viewed a discussion should be held on the following information included in the video:

- Identifying behaviors that suggest a student may be at risk
- Steps that teachers and other personnel can take to ensure that students get help
- Resources for educators
- Utah educators perspectives

Website: http://www.uen.org/suicidepreventiontraining/

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You will need to complete the following 5 steps:

- 1. Login
- 2. View Video
- 3. Explore Resources
- 4. Complete Quiz
- 5. Print Certificate of Completion

Second Hour of Training: The second hour will be an overview and discussion of LEA-specific suicide prevention protocol and practices. Please check with your local LEA for appropriate materials. Examples from Jordan School District may be found at http://www.jordandistrict.org/departments/sis/.